



90 DAY EXECUTION STRATEGY

Have a vision. Develop a plan. Execute.

90 DAY
EXECUTION
STRATEGY

A Plan of Action

This workbook is to help you establish your role as a man of God, create a personal vision and develop a plan to move towards that vision. Men were created for a purpose and to fulfill that purpose you have to be consistently working to improve yourself. You must step outside of your comfort zone in order to grow.

A MAN OF GOD

A Man of God seeks the Father with all his heart, soul, mind, and strength. He takes control of his masculinity and uses those characteristics to better serve the people he loves, himself and his community. He knows his values and stands firm in them. He is strong, courageous and disciplined. He is a protector, a leader and a servant. He is humble and does everything in love.

A MAN'S PURPOSE

All men have the same core purpose. That purpose is to Lead, Provide and Protect. This is built into every man. It may look different to each individual but, the core purpose is the same.

My Vision

A vision gives you direction. Without a vision you are just aimlessly wandering through life. If there is no target there is nothing to aim for. As men it is very important for us to have a target. Something to focus on. We need something to check our decisions against. Something to keep us accountable and on track.

My Vision:

Goals

Now you have a vision but, how do you move towards that vision? You need a plan. Without a plan a vision is nothing more than a dream. We are called to be men of action. We lead by example. We move. We grow.

Step One to developing that plan is coming up with goals you can complete to move you closer to the man God has called you to be. These goals are across 5 key areas.

- Faith
- Fitness
- Connection
- Mindset
- Serve

Step 2 will be to establish a task to complete each goal. Without a way to accomplish a goal you only have good intentions.

Step 3 is to ensure you are on track to complete your goals by coming up with 30 and 60 day checkpoints. This will give you a place to reflect and determine whether the task you selected is moving you closer towards completing that goal. If it is then great keep up the good work. If not, make some changes and keep working towards the goal.

Faith Goal

Faith:

Developing your relationship with God. Learning to trust God and to trust his word. Working to strengthen and develop your Faith.

Goal:

Task:

30 Day Checkpoint:

60 Day Checkpoint:

Notes:

Mindset Goal

Mindset:

This area is to focus on your mental state. In order to show up as the man you are called to be you have to get yourself right mentally. Lead and develop yourself so that you can show up and serve the people you love.

Goal:

Task:

30 Day Checkpoint:

60 Day Checkpoint:

Notes:

Fitness Goal

Fitness:

Physical health. Diet, nutrition, sleep, exercise, etc.

Goal:

Task:

30 Day Checkpoint:

60 Day Checkpoint:

Notes:

Connection Goal

Connection:

Focus on developing strong and meaningful relationships with family, friends, neighbors, co-workers, etc.

Goal:

Task:

30 Day Checkpoint:

60 Day Checkpoint:

Notes:

Serve Goal

Serve:

Focus on contributing more than you consume. Give back, add value. Choose a goal that will help you add value to your family, friends, community, job, co-workers, etc.

Goal:

Task:

30 Day Checkpoint:

60 Day Checkpoint:

Notes:

RFP

Get After It!

You have now completed the Execution Strategy Guide. Get out there and get after! Crush the next 90 days, the 90 after that and on and on. The truth is this journey is a never ending. There will always be room for improvement. Never stop pushing and never stop growing. Always work to improve yourself so that you can better serve the people you love. Work to live at your full potential. Be consistent and disciplined. Live a life worth following.

“SOMEONE ONCE TOLD ME THE DEFINITION OF HELL: THE LAST DAY YOU HAVE ON EARTH, THE PERSON YOU BECAME WILL MEET THE PERSON YOU COULD HAVE BECOME.” – ANONYMOUS

We highly recommend you join a Band of Brothers to walk shoulder to shoulder with. Can you do this on your own? Sure you can but, the road will be tougher and not nearly as meaningful. There is something special about sharing life with a group of men that are willing to support you and hold you accountable. If you have completed this guide with a group, continue to meet. Use this as a foundation and hold each other accountable and push each other to grow.

RELENTLESS FORWARD PROGRESS

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Vision Examples

Example 1: I am a man of strong faith. I live to serve God. I know and hear his voice. I love my wife passionately. I serve her, support her and protect her. I love my children fiercely. I will raise them to know, love and serve God with their whole hearts. I constantly strive to be the best husband and father that I can be. I lead my family by example. I am disciplined. I am mentally and physically strong. I welcome challenges and crush goals. I am confident but humble. I seek knowledge and apply what I have learned. I am a man of vision and action. I push towards growth. I look at the positives. I control what I can and leave the rest in God's hands. I make no excuses and take extreme ownership. I am the man that God has called me to be.

Example 2: I am humble, kind, intense, and humorous. I am a man that possesses peace. Love, peace, and joy radiate from The Holy Spirit within me and infect others around me. I am a warrior that is physically, mentally and spiritually strong. I am prepared to help anyone at any time and will give Jesus the praise for it. I love my wife passionately. I am an equal partner in our marriage. I lead my children to Jesus and I lead by example. I protect my wife and children from the evils of this world, both physical and spiritual, but I also train them on how to protect themselves and others. I am a man that my wife and children are proud of, but pride does not rule me. I love myself, but I love others more. I will hear "well done my good and faithful servant" when I go to heaven.

Vision Examples

Example 3: I love Jesus Christ above all things. My words and action will illustrate that I am a disciple of Christ and with that hold to the integrity that is set for by scripture. I will love honor and support my wife. I will be the leader of my wife and kids spiritually and physically. I will protect and guide them, even unto death. I will be strong, courageous, and a pillar of faith for my family, friends, and even my enemies. I will make friendship a fine art. I will lift up the downtrodden. I will support those who are afflicted and weak. I will put the needs of others before myself. I will fight for what's perfect and right. I will always keep myself mentally alert, physically strong, and morally straight. I will exemplify trust and forgiveness to all. I will never surrender. I will never quit.

Example 4: I am confident in the man that I am. I am a man of high integrity in everything I do. My faith is an evident part of who I am and impacts those around me. I am in the best physical shape of my life. My financial situation is sound and I am able to bless those in need as God directs me. I am always learning new skills and committed to personal growth. I am a well respected leader in my field. I have a strong marriage and my wife and I are involved participants in groups making a difference in the lives of others. I've cultivated a strong community of friends and leaders committed to serving our community while spreading the good news of the gospel.